



FITTING INSTRUCTIONS

31AR & 31AS - Jaguar S Type Front Lower Wishbone Bushes

31AR Contains
2 x 31AR Poly Pieces
2 x 7AT Inner Tubes

31AS Contains
2 x 31AS Poly Pieces
2 x 31AS Inner Tubes
2 x 31AS Outer Shells

Step 1:
Remove existing bushes. Ensure there are no sharp edges or debris left in the bore.

Step 2:
Insert 31AS Outer Shell ensuring the flat sides are parallel with the arm, until flush with the end of the bore.

Step 3:
Insert 31AS bush into the outer shell with the offset to the inside of the vehicle. The Flange should be towards the front of the vehicle.

NOTE: The bush is marked to assist on fitment.

Step 4:
Insert 31AS Inner Tube until flush.

Step 5:
Insert 31AR Bush, the flange should be to the rear of the vehicle.

Step 6:
Insert 7AT Inner Tube until flush.

Step 7:
Refit wishbone to car and torque to manufacturers settings when vehicle is at right height.

If you have any questions regarding the fitment of these bushes, please give us a ring on 01978664316 or send us an e-mail at sales@polybush.co.uk

