



FITTING INSTRUCTIONS

12AR & 12AS Front Lower Wishbone Bushes

Front - 12AR Contains:

2 x 12AP Bushes
2 x Inner Tubes
2 x Outer Tubes

Rear - 12AS Contains

2 x 12AQ Bushes
2 x Inner Tubes
2 x 12AN Outer Tubes

Step 1:

Remove existing bushes.

Step 2:

Ensure bores are clean from debris and remove any sharp edges.

Step 3:

Align the outer metals with the wishbone bores. The chamfered edges should be facing down leading into the bore.

Step 4:

Press the outer metals into the housing until the grooved line is aligned with the top surface of the wishbone.

Step 5:

Apply washing-up liquid or similar to the leading edges of the bushes, then push the bush into the outer tube until the flanges are fully seated.

NOTE: 12AS isn't symmetrical. Text should be on underside of wishbone.

Step 6:

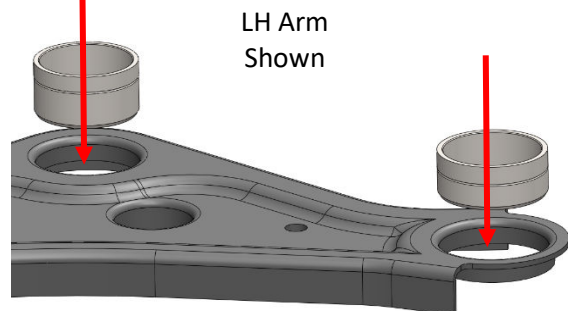
Insert the inner tubes until flush with either side of the bushes.

Step 7:

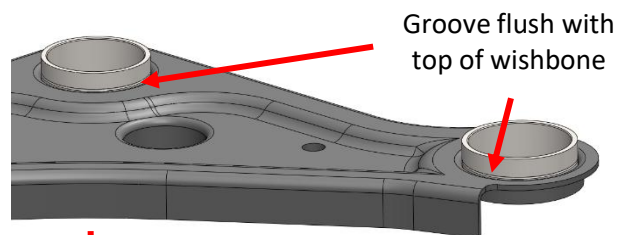
Refit to the car and torque to manufactures settings when at ride height.

Step 8:

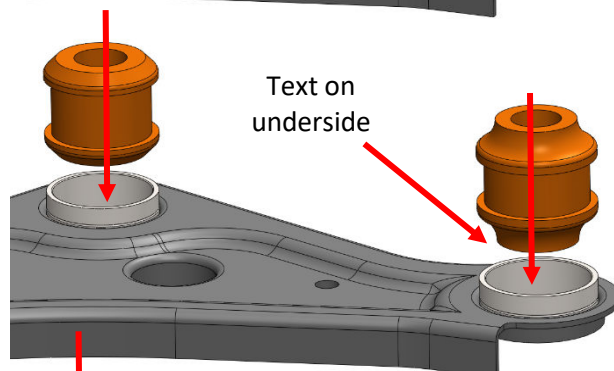
Repeat for the opposite side.



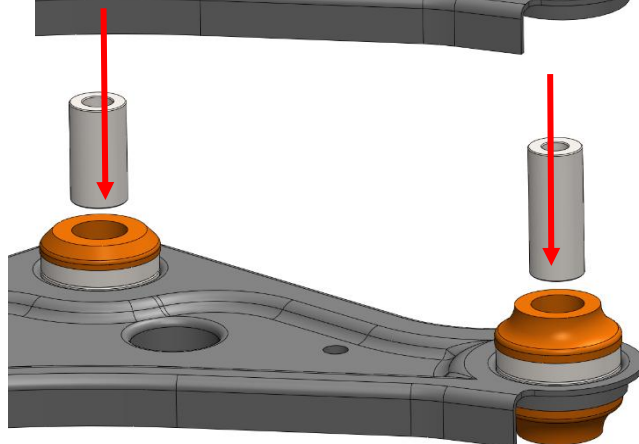
LH Arm
Shown



Groove flush with
top of wishbone



Text on
underside



If you have any questions regarding the fitment of these bushes, please give us a ring on 01978 664316 or send us an e-mail sales@polybush.co.uk