



FITTING INSTRUCTIONS

40DQ - Ford Transit Lower Torque Mount Inserts

40DQ Contains:
1 x 40DQ Piece
1x 40DR Piece
1 x 40DS Piece

Step 1:
Remove the Torque mount from the vehicle.

Step 2:
Generously add washing-up liquid or similar to the 40DQ bush.

Step 3:
Insert the bush from the top side of the mount as shown. Push in until fully seated into the mount. This should be able to be done by hand.

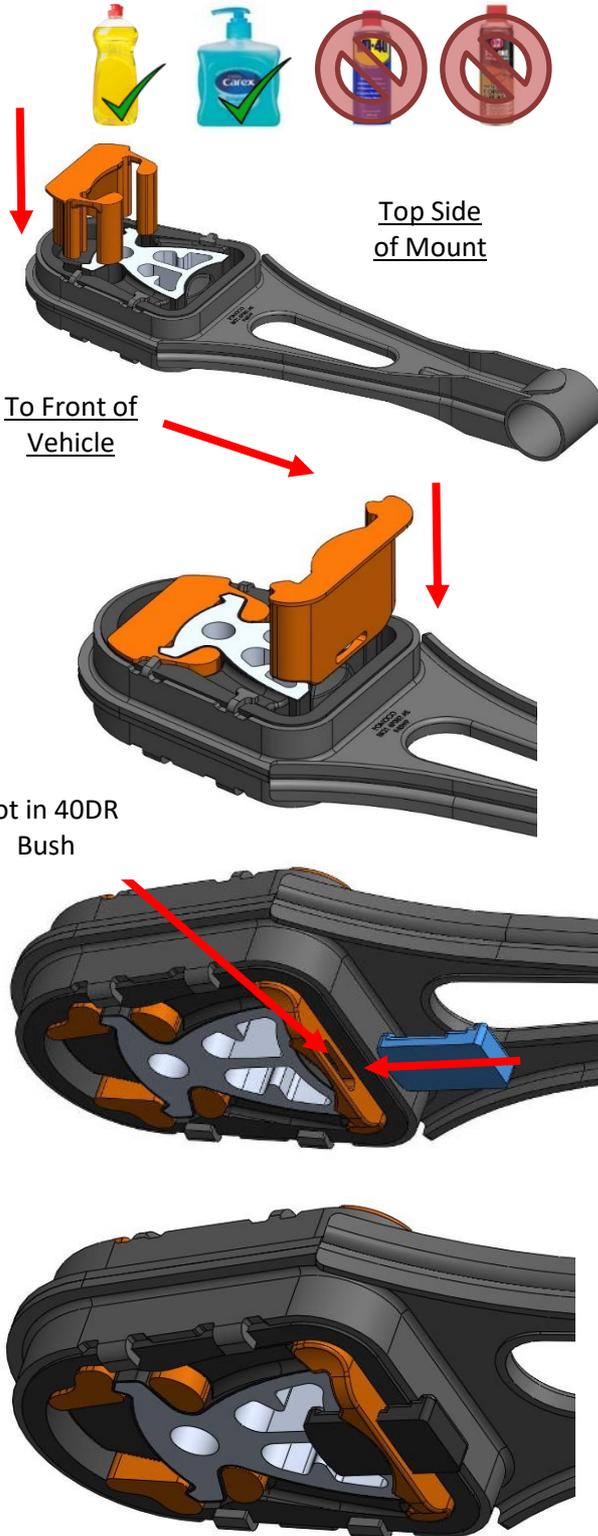
Step 4:
Again, add washing-up liquid to the 40DR bush generously.

Step 5:
Insert the bush from the top side of the mount as shown. This bush may require a tap from a hammer to fully seat.

Step 6:
The 40DR bush has a small slot in the bottom of it. This should be visible from the underside of the mount.

Step 7:
The 40DS bush can then be pushed from the front of the mount to the rear until it clamps into position using the 2 tabs.

Step 8:
Re-install the torque mount back into the vehicle and torque to manufactures specification.



If you have any questions regarding the fitment of these bushes, please give us a ring on 01978 664316 or send us an e-mail sales@polybush.co.uk